



# ANTHONY WAYNE SCHOOLS

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Schools | Calendar | About AW Schools | Athletics | Frequently Asked Questions | Registration | Central Office

## USDA Releases Upgrades to Nutritional Standards for School Meals

On January 13, 2011, the United States Department of Agriculture released updates to the Healthy, Hunger-Free Kids Act of 2010. These updates included changes to nutritional standards for meals served as a part of National School Lunch and Breakfast programs nationwide. The changes are based on recommendations from a 2009 report from the National Academies' Institute of Medicine and include adding more fruits, vegetables, whole grains, fat-free and low-fat milk to school meals.

So what do these proposals mean for student meals within Anthony Wayne Local Schools? According to Anthony Wayne Food Service Director Jeri Mier, Anthony Wayne has been meeting these guidelines for several years. "We began adjusting our menu five years ago to increase the offerings of fruits, vegetables, whole grains, and low and fat-free milk," stated Ms. Mier. "We are actually already in compliance with these guidelines and will continue to offer larger portions of healthy choices in our school lunches and a-la-carte offerings." The food service department recently underwent a State review and passed having no critical errors.

The Anthony Wayne Food Service Department serves a large percentage of the student body. The following data reflects the number of students who purchased school lunches for December of 2010.

Anthony Wayne High School .....	53%
Anthony Wayne Junior High School .....	66%
Fallen Timbers Middle School .....	54%
Monclova Primary .....	40%
Waterville Primary .....	48%
Whitehouse Primary .....	45%

For more information about the USDA proposals, please visit <http://www.usda.gov>

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